



AGM Report
WAG Program Coordinator
2023-24 Season

General

After having to shift our goals from growth and expansion to maintaining and providing stability in the program in 2022-23; I can happily report that we have been able to return to the goal of expansion, growth and sustainability in the invitational programs.

With Kailey Dubiensi returning from parental leave, she has been able to take on the Developmental Program Coordinator position. Her role includes scouting and try-outs for various programs. She focused on rebuilding the development program which has increased enrollment to capacity.

With the departure of Trevor Nagy early in the season, due to a family move, coaching assignments were adjusted. The coaching team and athletes adapted well to the change and the transition was smooth.

The Club also welcomed coach Corley McElwain in the fall. Corley has been an integral part in our WAG Program coaching in the Developmental Program and subbing in various others.

Club Activities

Throughout the season, the WAG Program was part of many activities servicing athletes across all Invitational Programs.

In the 2022 season, the club bid to host a **Team BC and FIG Training Camp**. We were awarded the camp and hosted it October 21-22, 2023, at Chimo. This was the first camp of a kind in about a decade within the province. While we had our own Team BC eligible athletes attend, athletes from all over the province attended. With amazing feedback from participants and Chimo staff, we have bid and have been awarded again to host this camp in the fall of 2025.

On January 3rd, we hosted a **Parent Orientation** combined with an **in-gym session** for families. Parents came in their gym attire and joined their daughters for a gymnastics lesson. This was a huge success with many giggles, laughs and excellent education opportunities.

To service all our WAG Programs, Chimo has collaborated with Flicka Gymnastics and Vancouver Phoenix Gymnastics on a joint **Xcel training camp** February 3-4. Chimo hosted a total of 50 athletes over a 2-day camp. Demand for this camp was so great that the three club leaders started to work on the expansion of this camp for the following season.

In conjunction with our Winter Break training, athletes and coaches came together for our annual Winter Break party. January 5th all Invitational Program Athletes joined for games, cookie decorating and secret Santa. As every year, athletes and coaches enjoyed the mingling and crossing over of groups keeping it a highlight of the season.

On February 25 Chimo welcomed families to our first annual **Demo Day**. This event was organized and planned by Kailey who did an excellent job tying all groups together in an educational yet fun atmosphere for parents and athletes. Developmental Program athletes performed for the first time in front of an audience while the Gymnaestrada group debuted their group routine. CCP and Xcel athletes showed individual routines on apparatus to provide education on what is required at what level.

Chimo once again hired Photographer *Samantha Birosh, owner of Calieight Fitness & Photography* to take our annual **Club Pictures** on April 5th, 2024. Most athletes were present and there was a high demand for the purchase of pictures.

To celebrate our athletes and coaches, Chimo staff in conjunction with parent volunteers organized a club recognition breakfast at Crown Isle Hotel. We presented our athletes with personalized certificates and a

slideshow of baby pictures, current pictures and gymnastics pictures. Graduating athletes also received special recognition for their accomplishments.

Following breakfast, we transferred to the gym where athletes put on a display for their families. This will be an event we will continue.

Program Offers, Reports Cards and Communication.

Athlete Placement Offers and Registration packages for the 2023-2024 season were distributed on May 8th and to be returned on May 15th. For the most part, packages were returned within the necessary time frame. As the registration numbers in our yearly programs are the starting point for the annual planning in all other programs, it is crucial to have registration packages returned within the timeline. Thanks to our Membership for being diligent. Athlete Report Cards were circulated 3-4 times during the 2023-2024 season. This is a major avenue to communicate how your child is doing in the program.

Our monthly newsletters, emails and other meetings are our main avenue of communication.

We continue to encourage parent meetings at any time.

Performance Highlights.

Once again, our program had incredible results on the Regional and Provincial stage during the last season.

Congratulations to all athletes and their coaches on outstanding results at all levels.

The season started early with athletes attending Holiday Classic on the lower mainland and required adjustments in athlete preparation in comparison to previous years.

It is evident that the season becomes busier year by year. With more athletes attending meets, age categories continue to grow. Throughout all of this, Chimo athletes continue to have strong competitive results amongst athletes within the province. Thank you to all the parents for their commitments to supporting their children in their sport! We

Looking Ahead.

With the demands for our programs, we continue to work on strategies to accommodate the demands. Continuous education for coaches, athletes, and families is again going to be one of the focus points throughout this season. It has proven that education, preparation, recovery and the inclusion of an Integrated Support Team (physio, nutrition, massages, chiro,...) play a big part in the success we have seen in the programs throughout the last year. We are thrilled to announce partnerships with Kids Physio and RMT for the 2024/2025 season in efforts to continue building on the positive results we have come to see thus far.

Coaches are eager and continue to participate in professional development opportunities to further their expertise and implement into the preparation for the 2024/2025 season.

Saskia Berndt
WAG Program Coordinator